

Heber City News

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PREPARING FOR WINTER STORMS

Winter has arrived, so make sure you have the following supplies on hand for your home:

- Rock salt or more environmentally safe products to melt ice on walkways.
- Snow shovels and other snow removal equipment.
- Sufficient heating fuel. You may become isolated in your home and regular fuel sources may be cut off. Store a good supply of dry, seasoned woods for your fireplace or wood-burning stove.
- Adequate clothing or blankets to keep you warm.



You can also visit the Environmental Protection Agency at www.ready.gov for a complete list of recommended products. For any other questions, please contact the Heber City Police Department at 435-654-3040.

CHRISTMAS TREE SAFETY

When it comes to your Christmas tree, make sure that you make a fresh cut of approximately 1"-2" from the base of the tree. Be sure to add fresh water to your tree every day. Most trees will need to be watered two times each day. *If you forget to water the tree, the base of the tree will seal up and the tree will no longer be able to absorb the water.*



Also, make sure that your tree is at least three feet away from heat sources such as fireplaces, space heaters and heat vents. This warm air will dry out your tree very quickly.

SNOW SHOVELING SAFETY

With all that snow shoveling ahead of us, here are some tips to make sure that your pursuit of clean sidewalks and driveways is a safe and successful one. Prep work: warm up before you start, it is exhausting work. Dress for the part: warm clothing will help you work longer. Technique is everything: it's always best to push more than to lift the snow. Pace yourself: staying within your capacity during heavy shoveling can stave off serious cardiovascular issues. Watch for warning signs: your body is very skilled at letting you know when you're getting tired and when to quit shoveling. When you clean off your sidewalk and driveway, it's much safer for emergency personnel and your loved ones to gain access to your house.



Heber City wishes you a safe and happy holiday season!

