

# Heber City News

October 2018

## October 2018

### **October 2**

City Council Meeting, 5:00 p.m.

### **October 9**

Planning Commission, 6:00 p.m.

### **October 10**

Airport Advisory Board, 4:00 p.m.

### **October 16**

City Council Meeting, 5:00 p.m.

### **October 23**

Planning Commission, 6:00 p.m.



All public meetings can be listened to live at <http://ci.heber.ut.us/256/Agendas-and-Minutes>

## MAYOR'S MESSAGE

*Submitted by Mayor Kelleen Potter*

*"The child who is not embraced by the village will burn it down to feel its warmth"*

*African Proverb*



I am always saddened to hear about students who have been bullied or treated such that they don't feel like they belong in our schools and community. Wasatch School District hosted a special meeting about bullying during the recent back to school night. I attended that meeting and felt very mixed emotions.

I felt heartbroken for youth who experience bullying and frustrated that most of the anti-bullying programs are not successful. I also felt very hopeful and grateful that we have two uniquely qualified and committed educators who have created a program that can really make a difference for the children in our community.

Ben Springer and Ben Belnap are both psychologists with PhDs employed at the district level (Wasatch and Summit). They have done extensive research on bullying. They found that most programs bring knowledge and awareness to the problem but don't have a significant impact on behavior.

Ben and Ben introduced their Bullyology program and shared the three key elements to a successful anti-bullying program: accurate reporting, student resilience and parental involvement. The bottom line is that there are ways to teach children to be resilient and deal with their bad experiences in a healthy way. Also, it is up to parents to help educate their children if we truly want to see change. Ben and Ben created a series of you tube videos and a website (totempd.com) and they will be distributing more information to students in the near future.

Please take time to educate yourself about this. There are several types of bullying and unfortunately, most children are on the giving or receiving end at some point in their lives. With this great program we can change the dynamic in our community and make a real difference in the lives of our children.



## CEMETERY CLEAN UP NOTICE

Heber City Cemetery will be conducting a clean-up beginning **Monday, November, 2018**. The clean-up will last approximately four days. We ask that any decorations visitors wish to save be removed before the scheduled clean-up. **All** decorations left will be discarded; this includes all floral decorations, baskets, shepherd hooks, solar lights, pinwheels, etc. If you have any questions please feel free to call the Parks & Cemetery Department at (435) 654-3952.



## WHAT IS A PRV?

*Submitted by City Engineer Bart Mumford*

Did you know that an important part of your home water system is a pressure reducing valve (PRV). These are usually located inside the home where the water service line enters the building. They are specially designed valves that automatically protect the building from high water pressures and fluctuations that normally occur in the water mains out in the street. Pressures seen in some areas of the City can be over 130 psi. These valves lower the pressure to something more practical for in home use. PRV's are required in all homes and usually operate for many years without any additional attention. The City encourages all residents to become familiar with the location of their home PRV. If unusually high pressures are noticed in the plumbing, have the PRV checked to see if it needs replacement. Below is an example of a typical home PRV. These can be checked by a qualified plumber or by purchasing an inexpensive pressure gauge and connecting it to a home faucet. Typical home pressures are in the range of 50 psi to 80 psi when no water is flowing.

EXAMPLE of HOME PRV



EXAMPLE PRESSURE GAUGE



## MEET THE CANDIDATES NIGHT

**Who:** Candidates for State Legislature  
**When:** Thursday, October 11<sup>th</sup>, 7:00-8:30 pm  
**Where:** Public Safety Building Community Room  
347 South Main Street, Heber City

This is an opportunity for Heber Residents to meet the candidates who will represent us in the Utah State Legislature. Midway is holding a similar meeting the same evening from 5:00-6:30pm in their Town Hall.



## AUTO PAY: SIGN UP TODAY...

- **It's FREE!**  
Xpress Bill Pay does not charge you anything for the Auto Pay service.
- **Fast set-up**  
It takes only a couple minutes to set up you're Auto Pay. We make it simple, fast and easy!
- **Multiple Payment Methods**  
Use your credit card, debit card or checking account.
- **Regular Notifications**  
You will receive an email when your bills are ready and when they are paid. No need to respond to these emails—we just want to keep you informed.
- **Real-Time**  
Your payments are in real-time and posted with the same date you set as your payment date.
- **Flexible Payment Days**  
You are in control. Choose the payment date that works best for you.
- **Expired Credit Cards**  
We notify you via email 30 days before your card expires and the day of expiration.
- **Secure**  
Your account and payment information are securely encrypted and in compliance with all industry security standards.  
~Take advantage of this convenient option to pay your Heber City Utility bill and never be late again! Go to the Heber City website at [www.ci.heber.ut.us](http://www.ci.heber.ut.us) and select the "Pay Online" button from the home page.

